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**KASF Dance 2026**



These notes were adapted from the Isenfir dance booklet compiled by Lord Bryan Morgan (mka David Oxford), updated by Maestra Nicolosa de Misura (mka Kendra Schmid) and Lady Brigida d'Isenfir di Ponza (Gina La Manna) from numerous sources, including *SCA Dance Cheat Sheets* by Greg Lindahl, *Joy and Jealousy* by Vivian Stephens and Monica Cellio, *Court & Country - Dances of the Renaissance in England and France* by Alex Clark, and *The Rose & Nefr Dance Manual* by Susan Henry. Many notes are our own reconstructions from original sources (including *The English Dancing Master* by John Playford and *Orchesography* by Thoinot Arbeau). *Gresley* Manuscript by Dansmelya and Bildner. Any original material from other sources may have been edited to conform to how the dances are done in Isenfir and to fit the style of the other notes in this booklet.

Updated for Atlantian Kingdom A&S 2026 March 2, 2026

**Dance is Fun!**

<http://dance.atlantia.sca.org/>

<https://www.facebook.com/groups/AtlantianDanceAcademie>

Performance  
 Armynm  
 Bizzaria d'Amore  
 St. Martin's

Set 1

Jenny Pluck Pears

Amoroso

Trenchmore

Rostiboli Gioioso/Gioioso in tre

Black Alman

Set 2

Petit Riens

Upon a Summer's Day

Villanella

Newcastle

Ly Bens

Black Nag

12:30-1:15 Rehearsal

1:15-2:00 Break

2:00 Everyone involved in the performance needs to be back in the room by this time.

2:15-2:30 Performance, immediately followed by Dance Academy photo.

2:30-3:45 Open Dance

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Upon a Summer's Day  
 Playford (1651)  
 Arrangement: A longways set of 3 couples.

Part 1

1-4 Double forward, double back

5-8 Set and turn single

9-16 Repeat 1-8

17-20 Take hands in lines, double forward (toward the other line) and back

21-24 Bottom two men and bottom two women raise their joined hands to form an arch, while the 1st man and 1st woman go down through the arch on their own side, and meet at the bottom

25-40 Repeat 17-24 twice, until all are in their original places

Part 2

1-4 Side to right shoulders

5-8 Set and turn single

9-12 Side to left shoulders

13-16 Set and turn single

17-40 Repeat Part 1 (17-40)

Part 3

1-4 Arm right

5-8 Set and turn single

9-12 Arm left

13-16 Set and turn single

17-40 Repeat Part 1 (17-40)

**Villanella**

**Caroso (1581)**

Arrangement: Individual couple

Part 1

1-4 Reverenza

5-8 Continenza L,R

9-12 Two Seguiti

13-14 Continenza L

15-16 Two riprese R

Part 2

1-8 Two passi forward, seguito. Repeat

9-10 Continenza left

11-12 Two riprese right

13-16 Riverenza

Part 3

1-8 Man -Two passi forward, seguito. Going around

9-10 Together Continenza left

11-12 Two riprese right

13-16 Riverenza

Part 4

1-8 Woman -Two passi forward, seguito. Repeat. Going around

9-10 Together - Continenza left

11-12 Two riprese right

13-16 Riverenza

Part 5

1-2 Two passi forward,

3-4 Seguito cast out to face down hall.

5-6 Two passi down hall.

7-8 Seguito cast out to face up hall

9-10 Continenza left

11-12 Two riprese right

13-16 Riverenza

Part 6

1-2 Two spezzati to change places, R hands

3-4 Two spezzati over left shoulder

5-6 Two spezzati to change places, L hands

7-8 Two spezzati turn over shoulder

9-10 Continenza left

11-12 Two riprese right

13-16 Riverenza 13-14 Continenza L

15-16 Two riprese R

11

9-10 Couples meet a double  
 11-12 Change places with contrary (taking both hands and turning clockwise)  
 13-14 Change places with partner (taking both hands and turning clockwise)  
 15-16 Turn single  
 17-18 Men back away from each other a double  
 19-20 Women turn single  
 21-22 Men come toward each other a double, crossing by left hands and pivoting on the joined hands to give contrary right hands  
 23-24 Turn contrary by the right once around, men ending in their original position (women are still on the opposite side)  
 25-26 Women back away from each other a double  
 27-28 Men turn single  
 29-30 Women come toward each other a double, crossing by right hands and pivoting on the joined hands to give partner left hands  
 23-24 Turn partner by the left once around, all ending in their original position

Part 2  
 1-2 Couples meet a double  
 3-4 Change places with contrary (taking both hands and turning clockwise)  
 5-8 Face partner, set and turn single  
 9-16 Repeat 1-8  
 17-18 Men meet a double  
 19-20 Women meet a double  
 21-22 Take hands around, circle 4 slips to the left  
 23-24 Turn single, moving outward slightly to form a normal-size set  
 25-26 Women meet a double

27-28 Men meet a double  
 29-30 Take hands around, circle 4 slips to the left  
 31-32 Turn single, moving outward slightly to form a normal-size set

Part 3  
 1-2 Couples meet a double  
 3-4 Take contrary's hands and slip away from partner and then back toward partner  
 5-8 Chase scene: Men cast off over their left shoulder, through their partner's place, to their own place, as their partners follow, all ending in original places  
 9-10 Couples back a double  
 11-12 Partners do four slips to change places (the women going in front), while continuing to face the other couple  
 13-16 V-Crossing Figure: Without pause from the slips, the men will immediately go toward each other, pass left shoulders, cross back-to-back and fall backward passing right shoulders into their original places. Two beats after the men have started their V, the women do a V, passing right shoulders first and starting to the inside of the men (the men do a broader V than do the women). They cross back-to-back, and pass left shoulders to fall backward into their original places  
 17-18 Men honour  
 19-20 Women honour  
 21-24 Right-hand star once around to place  
 25-26 Women honour  
 27-28 Men honour  
 29-32 Left-hand star \*half way\* around, breaking the start to take hands four in a line facing the Presence, and honour

**Amoroso**  
**Ebreo (1475)**  
 Arrangement: Single couple

Part A  
 1-12 12 Pive (starting left)

Part B  
 13-16 Man leaves woman with 2 steps (starting left), 1 piva, 3 steps (ending on a half-bar)  
 17-20 Woman same to catch up

Part C  
 21-24 Man leaves woman with 3 pive (starting left), step (ending on a half-bar)  
 25-28 Woman same to catch up

Part D  
 29-31 Man leaves woman with 2 steps (starting left), piva, 2 steps  
 32 Man finishes with step right, and mezzavolta to face woman  
 33 Both riverenza left  
 34-37 Man returns with 3 pive (starting left), step (ending on a half-bar)  
 38-46 Repeat Part D with woman leaving

The entire dance then repeats, with the woman doing everything first.

**Armynn**  
**Gresley (1500ish)**  
 Arrangement: 3 people in a line

Part A  
 8 piva forward in file

Part B  
 Man C doubles back, man B doubles back, A doubles back

Part C  
 Man A movimenti and B turns halfway round with a double.  
 Man B movimenti and C turns halfway round with a double  
 Man C movimenti and A turns halfway round with a double

Part D  
 Man C 2 doubles forward, then B 2 doubles forward.

Part E  
 Man A singles forward, back, and turns with a double

Part F  
 All brawl left & right (like a set)  
 All do half hey  
 Double 1: B+C pass right should, A comes to and meets C on the left  
 Double 2: A+B pass right shoulders while C turns around

Part G  
 2 doubles each  
 A+B take rights hands making an arch so C could go through  
 A+B Continue to turn until A is at top, B middle  
 C passes through arch with a double, does half turn with double to end in original position

<b>Bizzarria d'Amore</b> <b>Negri (1602)</b> Arrangement: 2 couples in a square Part 4 Part A 1-4 Men, take right arms, 2 spezzati and a seguito to change places 5-8 Starting on right, 2 spezzati and a seguito doing full turn over left shoulder (stay in opposite's place) 9-16 Ladies repeat same 1-8 pattern	<b>Part B</b> 1-2 jumps 3-4 Ripresa minuta to the left 5-8 Repeat 1-4 with ripresa minuta to the right	<b>Part C</b> 1-2 spezzati moving diagonally backwards to the right, first left foot, then right 3-4 Seguito forward on left 5-8 Repeat 1-4 but starting on right	<b>Part 2</b> Part A 1-4 Men 2 spezzati and seguito to change places 5-8 Starting on right, 2 spezzati and seguito doing full turn over left shoulder (stay in opposite's place) 9-16 Ladies repeat same 1-8 pattern	<b>Part 3</b> Part A 1-4 Face partner, take right hand, two seguiti around back to place. 5-16 Hey around the circle. Start with left hand of partner and change place with seguito. Continue alternating right/left hands around circle with one seguito per exchange. Takes 1.5 times around circle.	<b>Part 6</b> Part A 1-4 Face partner, take right hand, two seguiti around back to place. 5-16 Hey around the circle. Start with left hand of partner and change place with seguito. Continue alternating right/left hands around circle with one seguito per exchange. Takes 1.5 times around circle.	<b>Part 3</b> Part A 1-4 Face partner, take right hand, two seguiti around back to place. 5-16 Hey around the circle. Start with left hand of partner and change place with seguito. Continue alternating right/left hands around circle with one seguito per exchange. Takes 1.5 times around circle.	<b>Part 4</b> Part A 1-2 Men, take right arms, 2 spezzati and a seguito to change places 5-8 Starting on right, 2 spezzati and a seguito doing full turn over left shoulder (stay in opposite's place) 9-16 Ladies repeat same 1-8 pattern	<b>Part 1</b> Part A 1-4 Men, take right arms, 2 spezzati and a seguito to change places 5-8 Starting on right, 2 spezzati and a seguito doing full turn over left shoulder (stay in opposite's place) 9-16 Ladies repeat same 1-8 pattern	<b>Part 1</b> Part A 1-4 Face partner, take right arms, do 2 seguiti all the way around shoulder 5-8 2 seguiti to do full turn over left shoulder 9-12 Face corner, take left arms, do two seguiti all the way around right shoulder 13-16 2 seguiti to do full turn over right shoulder	
<b>Rostiboli Gioioso</b> <b>Domenico (1475)</b> Arrangement: Single couple Part 1 1-2 Ripresa left, ripresa right, (drop hands) 3-5 Man leaves with 2 sempii (starting left, 2 doppii, ending with meza volta right to face woman 6-7 Both ripresa left, ripresa right 8-10 Man returns with the same steps, (take hands) 11-20 Repeat 1-10, with woman leaving	<b>Part 2</b> Part 2 21-22 Ripresa left, ripresa right, (drop hands) 23-26 Both do 2 sempii (starting on left), 3 doppii, (drop hands) 27-28 Volta del Gioioso (2 sempii to turn 360 degrees to left, ripresa right)	<b>Part 3</b> Part 3 47-62 16 Saltarelli (starting left), (drop hands) Part 4 63 Man movimento 64 Woman movimento 65-66 Man doppio left to leave 67 Woman movimento 68 Man movimento 69-70 Woman doppio left to join man 71-78 Repeat on other foot, man still going first	<b>Part 4</b> Part 4 47-62 16 Saltarelli (starting left), (drop hands) Part 4 63 Man movimento 64 Woman movimento 65-66 Man doppio left to leave 67 Woman movimento 68 Man movimento 69-70 Woman doppio left to join man 71-78 Repeat on other foot, man still going first	<b>Part 1</b> Part 1 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 1</b> Part 1 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 1</b> Part 1 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 1</b> Part 1 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 1</b> Part 1 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 1</b> Part 1 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	
<b>Trenchmore</b> <b>Playford (1652)</b> Arrangement: A longways set of couples.	<b>Part A</b> Part A 1-2 Ripresa left, ripresa right, (drop hands) 3-5 Man leaves with 2 sempii (starting left, 2 doppii, ending with meza volta right to face woman 6-7 Both ripresa left, ripresa right 8-10 Man returns with the same steps, (take hands) 11-20 Repeat 1-10, with woman leaving	<b>Part B</b> Part B 1-2 jumps 3-4 Ripresa minuta to the left 5-8 Repeat 1-4 with ripresa minuta to the right	<b>Part C</b> Part C 1-2 spezzati moving diagonally backwards to the right, first left foot, then right 3-4 Seguito forward on left 5-8 Repeat 1-4 but starting on right	<b>Part 2</b> Part A 1-4 Men 2 spezzati and seguito to change places 5-8 Starting on right, 2 spezzati and seguito doing full turn over left shoulder (stay in opposite's place) 9-16 Ladies repeat same 1-8 pattern	<b>Part 3</b> Part A 1-4 Men, take right arms, 2 spezzati and a seguito to change places 5-8 Starting on right, 2 spezzati and a seguito doing full turn over left shoulder (stay in opposite's place) 9-16 Ladies repeat same 1-8 pattern	<b>Part 4</b> Part A 1-2 Face partner, take right hand, seguito to change places 3-4 Take left hand of partner, seguito to change back 5-8 Two seguiti to do full turn over left shoulder 9-10 Face corner, take left hand, seguito to change places 11-12 Take right hand of corner, seguito to change back 13-16 Two seguiti to do full turn over right shoulder	<b>Part 5</b> Part A 1-2 Face partner, take right hand, seguito to change places 3-4 Take left hand of partner, seguito to change back 5-8 Two seguiti to do full turn over left shoulder 9-10 Face corner, take left hand, seguito to change places 11-12 Take right hand of corner, seguito to change back 13-16 Two seguiti to do full turn over right shoulder	<b>Part 6</b> Part A 1-4 Face partner, take right hand, two seguiti around back to place. 5-16 Hey around the circle. Start with left hand of partner and change place with seguito. Continue alternating right/left hands around circle with one seguito per exchange. Takes 1.5 times around circle.	<b>Part 7</b> Part A 1-4 Face partner, take right hand, two seguiti around back to place. 5-16 Hey around the circle. Start with left hand of partner and change place with seguito. Continue alternating right/left hands around circle with one seguito per exchange. Takes 1.5 times around circle.	<b>Part 8</b> Part A 1-4 Face partner, take right arms, do 2 seguiti all the way around shoulder 5-8 2 seguiti to do full turn over left shoulder 9-12 Face corner, take left arms, do two seguiti all the way around right shoulder 13-16 2 seguiti to do full turn over right shoulder
<b>St. Martin's</b> <b>Playford (1651)</b> Arrangement: Two couples facing couple begins the dance again.	<b>Part 1</b> Part 1 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 2</b> Part 2 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 3</b> Part 3 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 4</b> Part 4 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 5</b> Part 5 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 6</b> Part 6 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 7</b> Part 7 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 8</b> Part 8 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 9</b> Part 9 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places	<b>Part 10</b> Part 10 1-2 Couples meet a double 3-4 Couples slip to the left and back to the right 5-6 Turn single away from your partner 7-8 Turn single toward your partner, moving back to original places

**Newcastle  
Playford (1651)**

Arrangement: A round set or square of 4 couples.

Part 1

- 1-4 All take hands, double into center, fall back  
5-6 Partners set  
7-8 "Nexts" set (to find your next, face your partner, turn slightly in toward the set, and find the next person of the opposite gender)  
9-16 Repeat 1-8  
17-20 Partners arm right, ending with men forming a left-hand star  
21-24 Men go once around while women skip quickly around them clockwise to original places (note that this all happens very quickly)  
25-28 Partners switch by arming right 1/2, placing women into a left-hand star  
29-32 Women go once around while men skip quickly around them, clockwise to places, ending in original places facing partner

Part 2

- 1-4 Partners side to right shoulders and fall back  
5-8 Partners side to left shoulders, then balance back and pass on, ending facing their nexts  
9-12 Nexts side to right shoulders and fall back  
13-16 Nexts side to left shoulders, then balance back and pass on, ending facing their original contraries, having rotated 1/4 around the set  
17-18 Original head couples (now at sides, partners switched) lead forward a double into the center

- 19-20 Head couples turn and lead out a double and make arches while original side couples cast away from current "partner" around the outside  
21-24 Side couples meet original partners, pass through the arches, meet contraries again, and fall back to place  
25-32 Repeat 17-24 with side couples making the arches and head couples casting

Part 3

- 1-4 Arm right with current partner  
5-8 Arm left one and a half times to pass on, ending facing next person  
9-12 Arm right with new partner  
13-15 Arm left one and a half times to pass on, ending facing original partners  
16 Fall into lines up and down the room, original heads at ends of lines (that is, having just reformed the square, the side couples grab the closest member of each head couple and form two lines facing)  
17-18 Lines double backward  
19-20 All turn single  
21-23 Lines go forward, meet and cross over  
24 Fall into lines across the room, original side couples at ends of lines (head couples should be in the middle of the lines, with each head person's original corner on their end of the line)  
25-26 Lines double backward  
27-28 All turn single  
29-31 Lines go forward, meet and cross over  
32 All return to original positions

**Black Alman  
Inns of Court (1570)**

Arrangement: A processional line of couples.

All steps are alman steps

- 1-8 4 doubles forward, face partner and drop hands  
9-10 Double backward away from partner  
11-12 Double forward toward partner  
13-14 Quarter-turn left (men face up the hall, women face down the hall), double forward up or down the hall  
15-16 Turn around over your right shoulder, double forward to place  
17-20 Face partner, men set and turn in place  
21-24 Women do the same.  
25-26 Take both hands, turn halfway (clockwise) using one double into partner's place  
27-28 4 slip steps up hall  
29-30 Turn halfway back to your own side  
31-32 4 slip steps down hall.  
33-34 Drop hands, double backward away from partner  
35-36 Double forward toward partner.

Repeat with the women setting and turning in place first (measures 17-20), followed by the men (21-24).

**Black Nag  
Playford (1657)**

Arrangement: A longways set of 3 couples.

Part 1

- 1-4 Double forward and back  
5-8 Repeat  
9-10 Face partner, take 2 hands. 1st couple 4 slips up hall

- 11-12 2nd couple 4 slips up the hall  
13-14 3rd couple 4 slips up the hall  
15-16 All turn single  
17-24 Couples slip back to place in reverse order, all turn single

Part 2

- 25-32 Siding  
33-34 1st man and 3rd woman change places (passing face to face)  
35-36 1st woman and 3rd man do the same  
37-38 2nd man and second woman do the same  
39-40 All turn single  
41-48 Do the changes again (in the same order) to return to place, all turn single

Part 3

- 49-56 Arming  
57-64 Men hey (start by passing right shoulders)  
65-72 Women hey (start by passing right shoulders)

**Gathering Peascods  
Playford (1651)**

Arrangement: A circle of couples

Part 1

- 1-4 8 slip steps to the left  
5-6 Turn single  
7-10 8 slip steps to the right  
11-12 Turn single

*Chorus*

- 13-18 Men go in, take hands, slip left 8 and go back out  
19-24 Women go in, take hands, slip left 8 and go back out, returning to their partner  
25-26 Men double forward and clap  
27-28 Women double forward and clap while men go back to place

**Petit Riens**  
**Ebreo (1475)**  
Arrangement: 3 people in a line (M1-W-M2)

**Part 1**  
1-16 16 Pive, starting on left.

**Part 2**  
17-20 Man 1 take 4 pive (starting left) to leave the group

21-24 Woman take 4 pive to catch up with man 1

25-28 Man 2 take 4 pive to catch up

**Part 3**  
29-30 Man 1 doppio (starting left) to leave the group

31-32 Woman doppio to catch up with man 1

33-34 Man 2 doppio to catch up

**Part 4**  
35-36 Man 1 and woman take hands and riverenza

37-38 Woman and man 2 take hands and riverenza

39-40 All 3 reverenza

**Part 5**  
41-42 All doppio left backward

43-44 All doppio right forward

45-46 Ripresa left and right

47-48 Volta tonda (on left, turning left).

Repeat dance.

41-46 Men hand out women in same order  
47-48 Reverence

**Part 2**  
1-8 Side to right shoulders, set and turn single

9-16 Side to left shoulders, set and turn single

17-48 Repeat Part 1: 17-48, but the women placing the men in the center and skipping about the set

**Part 3**  
1-8 Arm right, set and turn single

9-16 Arm left, set and turn single

17-48 Repeat Part 1: 17-48

**Part A**  
1-4 2 singles and a double forward

**Part B**  
1-2 Men 3 steps fwd RLR and turn to face while Ladies double R back

3-4 Both go to each other's former places by moving diagonally:

Men with 3 steps LRL and a turn to face original direction. Ladies with a Double L

5-6 Ladies 3 steps fwd RLR and turn to face while Men double R back

7-8 Both go to original places by moving diagonally: Ladies with 3 steps LRL and a turn to face original direction Men with a Double L

9-10 Take hands. Single forward and back

11-12 Turn single away from partner, then take hands

Repeat ABABAB...

15-16 Woman ripresa right, ripresa left, as men volta tonda

17-18 Volta del Gioioso (2 sempii to turn 360 degrees to left, ripresa right)

19-26 (twice) 16 Saltarelli (starting left), (drop hands)

**Part 3**  
27 Woman movimento

28 Men movimento

29-30 Woman doppio left to leave

31 Men movimento

32 Woman movimento

33-34 Men doppio left to join woman around after their doppio

27-34 Repeat on other foot, woman still going first, but all turn

Repeat dance.

**Jenny Pluck Pears**  
**Playford (1651)**  
Arrangement: A circle of 3 couples.

**Part 1**  
1-4 8 slip steps to left

5-8 Face partner, set and turn single

9-12 8 slip steps to right

13-16 Face partner, set and turn single

17-18 1st man places 1st woman into the center of the circle, facing him

19-20 2nd man does the same

21-22 3rd man does the same

23-24 Reverence

25-32 Men skip clockwise around circle, outside women

33-40 Men skip counter-clockwise back to place

29-30 Men double forward but don't clap while women return to place

31-32 Men return to place, turning single as they do so

33-40 Repeat 25-32 with women first

**Part 2**  
41-46 Side right and turn single

47-52 Side left and turn single

53-80 Repeat chorus (13-40) with women going in first, then men

**Part 3**  
81-86 Arm right and turn single

87-92 Arm left and turn single

93-120 Repeat chorus (13-40)

**Ebreo (1463)**  
Arrangement: One woman and two men: M1-W-M2

**Part 1**  
1-2 All ripresa left, ripresa right, (drop hands),

3-5 Woman takes 2 sempii (starting left) to meet M1, and arms left

6-7 All ripresa left, ripresa right with him with 2 doppii (L & R)

8-10 Woman takes 2 sempii (starting right) to meet M2, and arms right

11-12 All ripresa left, ripresa right with him with 2 doppii

13-15 Men cross in front of woman with 2 sempii and 2 doppii, passing left shoulders

16-20 Repeat 11-15

**Part 2**  
11-12 Ripresa left, ripresa right, (drop hands)

13-14 All do 2 sempii (starting on left) and 1 doppio forward (drop hands)