

**Whirligig
Playford (1651)**
Arrangement: Set of three couples.

Part 1
Double forward and back
Repeat

Chorus
The middle couple goes up between the first, casts off and returns to place, then crosses over between the first couple with a half-figure-eight, ending improper.

The middle couple repeats above, going between the last couple, ending proper.

First couple casts into third couple's place, followed by the rest who come through an arch made by the first couple, so that second couple is now in the first place and the third in the second place (grand cast).

Repeat chorus, a total of three times, until all are back in original positions.

Part 2
Side to right shoulders
Side to left shoulders

Chorus
Man 2 and woman 1 arm right and continue into a hey with man 1. (Man 2 passes woman 1 by right shoulders (while arming), then passes man 1 by

left shoulders, woman 2 by right shoulders again, and ends his own original place). The second woman and couple 3 do the same.

Repeat above, with the second man now doing a hey with couple 3 and the second woman dancing with couple 1, beginning by arming left.

Grand cast.

Repeat chorus, a total of three times, until all are back in original positions.

Part 3
Arm right
Arm left

Chorus
Couples 1 and 2 cast off and return to places. (Couple 2 follows couple 1 as couple 1 casts down, through couple 2's place, back to original places).

Couples 1 and 2 form a right hand star and circle once around back to place. Repeat above with couples 2 and 3. When casting off, couple 3 should lead and couple 2 should follow

Grand cast.

Repeat chorus, a total of three times, until all are back in original positions.

Spring Coronation - 2018

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Set 1

1. Gathering Peascods
2. Amoroso
3. If All the World Were Paper
4. Grene Gynger
5. Scotch Cap
6. SCA Maltese Bransle

Set 2

1. Sellengers Round
2. Rostiboli Gioioso or Gioioso en Tre
3. Newcastle
4. Black Alman
5. Ly Bens Distonys
6. Whirligig

Set 3

1. Black Nag
2. Contrapasso en Due
3. Hyde Park
4. Rawty
5. Parson's Farewell
6. Petite Vriens

Set 4

1. Hearts Ease
2. Contentezza d'Amore
3. Picking of Sticks
4. Belfiore
5. St. Martins
6. Gracca Amorosa

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These notes are pulled from the Isenfir dance booklet created by Lord Bryan Morgan (mka David Oxford), updated by Lady Nicolosa d'Isenfir (mka Kendra Schmid) from numerous sources. Any original material from other sources may have been edited to conform to how the dances are done in Isenfir and to fit the style of the other notes in this booklet.

Updated 03/04/2018

Amoroso**Ebreo (1475)**

Arrangement: One couple

Part A

1-12 12 Pive (starting left)

Part B

13-16 Man leaves woman with 2 steps (starting left), 1 piva, 3 steps (ending on a half-bar)
 17-20 Woman same to catch up

Part C

21-24 Man leaves woman with 3 pive (starting left), step (ending on a half-bar)
 25-28 Woman same to catch up

Part D

29-31 Man leaves woman with 2 steps (starting left), piva, 2 steps
 32 Man finishes with step right, and mezzavolta to face woman
 33 Both reverenza left
 34-37 Man returns with 3 pive (starting left), step (ending on a half-bar)
 38-46 Repeat Part D with woman leaving

Entire dance repeats, women going first.

Belfiore**Domenico (1581)**

Arrangement: Three dancers in a line holding hands, Man 1 on left, Woman in middle, Man 2 on right

Part A

1-12 12 pive, starting left (slower than usual)

Part B

13 Man 1 doppio left
 14 Woman doppio left, to catch up
 15 Man 2 doppio left, to catch up

Part C

16 Man 1 movimento
 17 Woman movimento
 18 Man 2 movimento

Part D

19 Man 1 voltatonda (4 steps, ccw)
 20 Woman voltatonda
 21 Man 2 voltatonda

Part E

22-24 Man 1 piva left, piva right, piva left, going behind the others, and ending to the right of Man 2
 25-27 Woman does the same, ending beside Man 1
 28-30 Man 2 does the same

Part F

31-32 Men doppio right, changing places, Man 2 going in front of Woman, Man 1 going behind her.
 33-36 Woman does a "figure-6" = 4 pive starting left, going to her right behind Man 1, circles him, goes behind Man 2 to end on his left

Do dance twice more, rotating roles.

Black Alman**Inns of Court (1570)**

Arrangement: A processional line of couples. All steps are alman steps

1-8 Four doubles forward, face partner and drop hands
 9-10 Double backward away from partner
 11-12 Double forward toward partner
 13-14 Quarter-turn left (men face up the hall, women face down the hall), double forward up or down the hall
 15-16 Turn around over your right shoulder, double forward to place
 17-20 Face partner, men set and turn in place
 21-24 Women do the same.
 25-26 Take both hands, turn halfway (clockwise) using one double into partner's place
 27-28 Four slip steps up hall
 29-30 Turn halfway back to your own side
 31-32 Four slip steps down hall.
 33-34 Drop hands, double backward away from partner
 35-36 Double forward toward partner.

Repeat with the women setting and turning in place first (measures 17-20), followed by the men (21-24).

Black Nag**Playford (1657)**

Arrangement: A longways set of 3 couples.

Part 1

1-4 Double forward and back
 5-8 Repeat

Part 3

1-2 Couples meet a double
 3-4 Take contrary's hands and slip away from partner and then back toward partner
 5-8 Chase scene: Men cast off over their left shoulder, through their partner's place, to their own place, as their partners follow, all ending in original places
 9-10 Couples back a double
 11-12 Partners do four slips to change places (the women going in front), while continuing to face the other couple
 13-16 V-Crossing Figure: Without pause from the slips, the men will immediately go toward each other, pass left shoulders, cross back-to-back and fall backward passing right shoulders into their original places. Two beats after the men have started their V, the women do a V, passing right shoulders first and starting to the inside of the men (the men do a broader V than do the women). They cross back-to-back, and pass left shoulders to fall backward into their original places
 17-18 Men honour
 19-20 Women honour
 21-24 Right-hand star once around to place
 25-26 Women honour
 27-28 Men honour
 29-32 Left-hand star *half way* around, breaking the start to take hands four in a line facing the Presence, and honour

Scotch Cap**Playford (1651)**

Arrangement: Three couple set

Part 1

1-8 Double forward and back
 9-16 Repeat
 1-4 Women 1 & 2 and Men 2 & 3 fall back a double
 5-8 Woman 1 and Man 2 exchange places and Woman 2 and Man 3 exchange places with a skipping double
 9-16 Woman 3 and Man 1 exchange places with two doubles
 17-32 Repeat above to return to place

Part 2

1-8 Side Right
 9-16 Side Left
 1-4 Men join hands, Women join hands, all fall back a double
 5-8 All forward a double
 9-16 Man 1 & Man 3, Woman 1 & Woman 3, and Couple 2 Arm Right, ending in place

17-20 Men join hands, Women join hands, all fall back a double
 21-24 All forward a double
 25-32 Couples join both hands and turn each other to end back in place

Part 3

1-8 Arm Right
 9-16 Arm Left
 1-4 Men slip up the line and Women slip down the line
 5-16 Man 3 and Woman 1 take right hands and begin a hey back to place, others following
 17-20 Men slip up the line and Women slip down the line
 21-32 Man 3 and Woman 1 take right hands and begin a hey back to place, others following

Sellenger's Round**Playford (1657)**

Arrangement: A circle of couples

Part 1

1-4 Take hands and circle 8 slip steps left
 5-8 Circle 8 slip steps back to the right
 9-10 Two singles into the center, clapping on the last beat
 11-12 Double backward to place
 13-16 Face partner, set and turn single
 17-24 Repeat 9-16

Part 2

1-4 All holding hands, forward a double into the center, and a double back out ("beer hall run")
 5-8 Repeat 1-4
 9-24 Repeat Part 1 (9-24)

Part 3

1-4 Side to right shoulders
 5-8 Side to left shoulders
 9-24 Repeat Part 1 (9-24)

Part 4

1-4 Arm right
 5-8 Arm left
 9-24 Repeat Part 1 (9-24)

Part 3

- 1-2 Gallop left with a double
- 3-4 3 kicks
- 5-6 Double forward to meet

Rostiboli Gioioso Domenico (1475)

Arrangement: one couple.

Part 1

- 1-2 Ripresa left, ripresa right, (drop hands),
- 3-5 Man leaves with 2 sempii (starting left), 2 doppi, ending with mezzavolta right to face woman
- 6-7 Both ripresa left, ripresa right
- 8-10 Man returns with the same steps, (take hands)
- 1-10 Repeat, with woman leaving

Part 2

- 11-12 Ripresa left, ripresa right, (drop hands)
- 13-16 Both do 2 sempii (starting on left), 3 doppi, (drop hands)
- 17-18 Volta del Gioioso (2 sempii to turn 360 degrees to left, ripresa right)
- 11-18 Repeat

Part 3

- 19-26 (twice) 16 Saltarelli (starting left), (drop hands)

Part 4

- 27 Man movimento
- 28 Woman movimento
- 29-30 Man doppio left to leave
- 31 Woman movimento
- 32 Man movimento
- 33-34 Woman doppio left to join man
- 27-34 Repeat on other foot, man still going first

Repeat dance, with the woman doing everything first.

SCA Maltese (Turkish) Bransle SCA Choreography

Arrangement: A circle of dancers.

Part A

Double left, double right. Repeat.

Part B

Raise hands, three singles into center, clap 3 times.

Three singles out to place, clap or kick 3 times.

St. Martin's Playford (1651)

Arrangement: Two couples facing

Part 1

- 1-2 Couples meet a double
- 3-4 Couples slip to the left and back to the right
- 5-6 Turn single away from your partner
- 7-8 Turn single toward your partner, moving back to original places
- 9-10 Couples meet a double
- 11-12 Change places with contrary (taking both hands and turning clockwise)
- 13-14 Change places with partner (taking both hands and turning clockwise)
- 15-16 Turn single
- 17-18 Men back away from each other a double
- 19-20 Women turn single
- 21-22 Men come toward each other a double, crossing by left hands and pivoting on the joined hands to give contrary right hands
- 23-24 Turn contrary by the right once around, men ending in their original position (women are still on the opposite side)
- 25-26 Women back away from each other a double
- 27-28 Men turn single
- 29-30 Women come toward each other a double, crossing by right hands and pivoting on the joined hands to give partner left hands
- 23-24 Turn partner by the left once around, all ending in their original position

Part 2

- 1-2 Couples meet a double
- 3-4 Change places with contrary (taking both hands and turning clockwise)
- 5-8 Face partner, set and turn single
- 9-16 Repeat 1-8
- 17-18 Men meet a double
- 19-20 Women meet a double
- 21-22 Take hands around, circle four slips to the left
- 23-24 Turn single, moving outward slightly to form a normal-size set
- 25-26 Women meet a double
- 27-28 Men meet a double
- 29-30 Take hands around, circle four slips to the left
- 31-32 Turn single, moving outward slightly to form a normal-size set

- 9-10 Face partner, take 2 hands. First couple 4 slips up hall
- 11-12 Second couple 4 slips up the hall
- 13-14 Third couple 4 slips up the hall
- 15-16 All turn single
- 17-24 Couples slip back to place in reverse order, all turn single

Part 2

- 25-32 Siding
- 33-34 First man and 3rd woman change places (passing face to face)
- 35-36 First woman and 3rd man do the same
- 37-38 Second man and second woman do the same
- 39-40 All turn single
- 41-48 Do the changes again (in the same order) to return to place, all turn single

Part 3

- 49-56 Arming
- 57-64 Men hey (start by passing right shoulders)
- 65-72 Women hey (start by passing right shoulders)

Contentezza d'Amore Caroso (1581)

Figure 1

- Do this entire part while facing each other, holding both hands except in the final riverenza.
- 1 - 4 Riverenza to each other.
 - 5 - 8 Two continenze (left then right).
 - 9 - 12 Four reprise, travelling around in a circle to the left.
 - 13 - 16 Four reprise, travelling back around the circle to the right.
 - 17 - 20 Two continenze, as above.
 - 21 - 24 Riverenza, releasing outside hands.

Figure 2

- In this part the lady begins by travelling away from the man, then at the end she turns around to face him.
- 1 - 4 Two slow puntate forward, beginning with the left foot.
 - 5 - 6 Two passi gravi forward.
 - 7 - 8 Double step (seguito ordinario) forward.
 - 9 - 12 Two slow puntate forward.
 - 13 - 14 Two passi gravi forward.
 - 15 - 16 Double step (seguito ordinario) forward, finishing by turning around to face the man.
 - 17 - 20 Both puntata grave forward on the left, backward on the right.
 - 21 - 24 Both riverenza.

Figure 3

- In this part the man travels forward to stand next to the lady, repeating the steps she performed in part 2. Both end this section facing forward.
- 1 - 16 As 1 - 16 above, with the man travelling forward. At the end, the lady makes a half turn to face forward next to the man.
 - 17 - 20 Both puntata grave forward on the left, backward on the right.
 - 21 - 24 Both riverenza.

Figure 4

- In this part the lady walks across the front of the man to his left, and then the man repeats. Both end up facing forward again, then do the puntate gravi and the riverenza, and finish facing each other holding right hands.
- 1 - 4 Lady: Two passi gravi steps and a seguito
 - 5 - 8 Lady: Repeat, starting on the right foot.
 - 9 - 12 Man: Two passi gravi steps and a seguito
 - 13 - 16 Man: Repeat, starting on the right foot.
 - 17 - 20 Both puntata grave forward on the left, backward on the right.
 - 21 - 24 Both riverenza.

Figure 5

- Take right hands, and cross over, then walk back down the room, with the lady leading and the man following, then finish by facing each other and holding hands.
- 1 - 4 Exchange places with 2 puntate while holding right hands.
 - 5 - 16 6 seguiti travelling toward the rear of the room, and meeting.
 - 17 - 20 Both puntata grave forward on the left, backward on the right.
 - 21 - 24 Both riverenza.

Sciolta

- This section is in triple time (3/4 played quickly).
- 1 - 4 Exchange places with 2 spezzati, holding left hands.
 - 5 - 16 6 spezzati, dropping hands and travelling back up the room to meet, taking both hands.
 - 17 - 24 8 reprise, going around in a circle to the left.
 - 25 - 32 8 reprise, going back around to the right.
 - 33 - 36 Four trabuchetti, alternating left and right.
 - 37 - 40 Release inside hands (man's right, woman's left) and both riverenza minima to end the dance.

**Contrapasso en Due
Caroso (1581)**

Arrangement: Individual couples

First Section

A1 (First Repeat):

Riverenza L

2 Continenze L, R

A1 (Second Repeat):

2 Singles L,R, 1 Double L

2 Singles R, L backwards

2 Reprise R,R

A1 (Third Repeat):

2 Singles L,R; 1 Double L

2 Singles R, L backwards

2 Reprise R, R

B1:

Holding R Hands, Circling L

2 Singles L, R; 1 Double (L)

Holding L Hands, Circling R

2 Singles (R, L); 1 Double (R)

B2:

Facing Partner Figure 8 Circles

2 Doubles L, R circling L away from partner and

ending where you started 2 Doubles (R, L)

circling R away from partner and ending

where you started

B1:

Holding R Arms, Circling L

2 Singles L, R; 1 Double (L)

Holding L Arms, Circling R

2 Singles (R, L); 1 Double (R)

B2:

Facing Partner - Figure 8 Circles

B1:

Holding Both Hands, Circling L

2 Singles L,R; 1 Double (L)

Holding Both Hands, Circling R

2 Singles (R, L); 1 Double (R)

B2:

Facing Partner

Women Figure 8 Circles as before

Men 2 Doubles L R flanking BCK

Men 2 Doubles R L flanking FWD

Second Section

A1 (All Repeats):

Doubles (L, R, L, etc.)

8 Doubles (some music has 12)

B1:

Riverenza L

2 Continenze L R

B2:

Facing Partner

Figure 8 Circles

B1:

Men Advancing/Women Retreating

Men 2 Singles L R; 1 Double L

Women 2 Singles R L; 1 Double R

Women Advancing/Men Retreating

Women 2 Singles L R; 1 Double L

Men 2 Singles R L; 1 Double R

B2:

Facing Partner

Figure 8 Circles

B1:

Men alone Riverenza L

Women alone Riverenza L

B2:

Facing Partner

Women Figure 8 Circles as before

Men 2 Doubles L R flanking BCK

Men 2 Doubles R L flanking FWD

Gathering Peascods

Playford (1651)

Arrangement: A circle of couples

Part 1

1-4 Eight slip steps to the left

5-6 Turn single

7-10 Eight slip steps to the right

11-12 Turn single

Chorus

13-18 Men go in, take hands, slip left 8 and go back out

19-24 Women go in, take hands, slip left 8 and go back out, returning to their partner

25-26 Men double forward and clap

27-28 Women double forward and clap while men go back to place

29-30 Men double forward but don't clap while women return to place

Petit Riens

Ebreo (1475)

Arrangement: 3 people in a line (M1-W-M2)

Part 1

1-16 16 Pive, starting on left.

Part 2

17-20 Man 1 take 4 pive (starting left) to leave the group

21-24 Woman take 4 pive to catch up with man 1

25-28 Man 2 take 4 pive to catch up

Part 3

29-30 Man 1 doppio (starting left) to leave the group

31-32 Woman doppio to catch up with man 1

33-34 Man 2 doppio to catch up

Part 4

35-36 Man 1 and woman take hands and riverenza

37-38 Woman and man 2 take hands and riverenza

39-40 All 3 riverenza

Part 5

41-42 All doppio left backward

43-44 All doppio right forward

45-46 Ripresa left and right

47-48 Voltatonda (on left, turning left).

Repeat dance.

Picking Of Sticks

Playford (1651)

Arrangement: A longways set of three couples.

Part 1

1-4 Double forward and back

5-8 Repeat

9-10 First man changes with second woman

11-12 First man changes with third man

13-16 Take hands with person across from you, all forward and back a double

17-18 First woman changes with second man

19-20 First woman changes with third woman

21-24 Take hands with person across from you, all forward and back a double

25-56 Repeat changes and double forward/back, each time beginning with the person in the first man's position, until all return to place; note that throughout this sequence, half of the time you will be dancing with someone of the same gender

Part 2

1-4 Side to right shoulders

5-8 Side to left shoulders

9-10 Couple 1 take both hands and slip down into couple 2's position, while couple 2 moves up into couple 1's position. At the same time, couple 3 cross and begin to skip around the entire set

11-12 Couple 2 take both hands and slip down to their own place, while couple 1 moves up into their original position

13-16 Repeat 9-12, with couple 3 returning to position at the end

17-18 Couple 3 take both hands and slip up between couple 2, who move down into couple 3's place, while couple 1 begins to skip around the entire set

19-20 Couple 2 take both hands and slip back up to place, while couple 3 move down to place

21-24 Repeat 17-18, with couple 1 returning to place at the end

Part 3

1-4 Arm right

5-8 Arm left

9-32 Men's sheepskin hey - begin with man 1 leading the men forward and around outside the women, then between women 1 and 2 and weaving between all of them. Man 3 reverses direction as he passes woman 2, who can assist him by turning him around. He now leads until man 2 reaches woman 2 and reverses direction to lead, until man 1 reaches woman 2 and reverses to again take the lead, lead the men out between women 2 and 3, around the end of the set and up their own side to places

33-56 Women's sheepskin hey - as with the men

Rawley

Gresley (1500ish)

Arrangement: Couples in a line

Part 1

1-2 Single fwd, single back

3-4 Double forward with stomp

5-6 Double back without stomp

7-12 Repeat 1-6

Part 2

1-2 Man single forward, single back

3-4 Double forward & turn

5-6 Both 3 kicks

7-8 Double to meet

- 13-16 Nexts side to left shoulders, then balance back and pass on, ending facing their original contraries, having rotated 1/4 around the set
- 17-18 Original head couples (now at sides, partners switched) lead forward a double into the center
- 19-20 Head couples turn and lead out a double and make arches while original side couples cast away from current "partner" around the outside
- 21-24 Side couples meet original partners, pass through the arches, meet contraries again, and fall back to place
- 25-32 Repeat 17-24 with side couples making the arches and head couples casting

Part 3

- 1-4 Arm right with current partner
- 5-8 Arm left one and a half times to pass on, ending facing next person
- 9-12 Arm right with new partner
- 13-15 Arm left one and a half times to pass on, ending facing original partners
- 16 Fall into lines up and down the room, original heads at ends of lines (that is, having just reformed the square, the side couples grab the closest member of each head couple and form two lines facing)
- 17-18 Lines double backward
- 19-20 All turn single
- 21-23 Lines go forward, meet and cross over
- 24 Fall into lines across the room, original side couples at ends of lines (head couples should be in the middle of the lines, with each head person's original corner on their end of the line)
- 25-26 Lines double backward
- 27-28 All turn single
- 29-31 Lines go forward, meet and cross over
- 32 All return to original positions

**Parsons Farewell
Playford (1651)**

Arrangement: Two couples facing.

Part 1

- 1-2 Couples meet a double
- 3-4 Each couple 4 slips to the left
- 4-6 Couples back a double
- 7-8 Each couple 4 slips to the right
- 9 Men rise and nod to each other
- 10 Women rise and nod to each other

- 11-12 All rise 4 times, nodding in turn to contrary, corner (of same gender), partner, and the set in general
- 13-16 Turn contrary once around by two hands
- 17-24 Repeat 9-16, women rising first

Part 2

- 1-2 Couples meet a double
- 3-4 Lead contrary out a double
- 5-6 Lead contrary back in a double
- 7-8 Fall back with partner to places
- 9-10 Men cross by touching right hands and then pulling past by left hands
- 11-12 Turn contrary once around by the right hand
- 13-14 Men cross back by left hands
- 15-16 Turn partner once around by the right hand
- 17-18 Women cross by touching left hands and pulling past by right hands
- 19-20 Turn contrary once around by the left hand
- 21-22 Women cross back by right hands
- 23-24 Turn partner once around by the left hand

Part 3

- 1-2 Partners take both hands and meet other couple with 4 slips
- 3-4 Take contrary by both hands and slip out 4 slips
- 5-6 Slip back in 4 slips
- 7-8 Fall back with partner to place
- 9-10 Partners turn once around by right hands
- 11-12 Men cross left shoulders while women make a small loop from their places to pass through their partner's place and follow two beats behind him, all meeting contrary by right shoulders
- 13-14 Pass contrary by right shoulders, men passing through contrary's original position and making a small loop to move into the other man's original place, while women pass left shoulders and end in each other's original place
- 15-16 Turn partner once around by the right hand
- 17-18 Partners turn around once by the left hand
- 19-20 Women cross right shoulders while men make a small loop from their places to pass through their partner's place and follow two beats behind her, all meeting contrary by left shoulders
- 21-22 Pass contrary by left shoulders, women passing through partner's original position and making a small loop to move into their own original position, while men pass right shoulders and end in their own original place
- 23-24 Turn partner once around by the left hand

- 31-32 Men return to place, turning single as they do so
- 33-40 Repeat 25-32 with women going in first

Part 2

- 41-46 Side to right shoulders and turn single
- 47-52 Side to left shoulders and turn single
- 53-80 Repeat chorus (13-40) with women going in first, then men

Part 3

- 81-86 Arm right and turn single
- 87-92 Arm left and turn single
- 93-120 Repeat chorus (13-40)

**Gioioso in Tre
Ebreo (1463)**

Arrangement: one woman and two men:M1-W-2

Part 1

- 1-2 All ripresa left, ripresa right, (drop hands),
- 3-5 Woman takes 2 sempii (starting left) to meet M1, and arms left with him with 2 doppi (L & R)
- 6-7 All ripresa left, ripresa right
- 8-10 Woman takes 2 sempii (starting right) to meet M2, and arms right with him with 2 doppi
- 11-12 All ripresa left, ripresa right
- 13-15 Men cross in front of woman with 2 sempii and 2 doppi, passing left shoulders
- 16-20 Repeat 11-15

Part 2

- 11-12 Ripresa left, ripresa right, (drop hands)
- 13-14 All do 2 sempii (starting on left) and 1 doppio forward (drop hands)
- 15-16 Woman ripresa right, ripresa left, as men volta tonda
- 17-18 Volta del Gioioso (2 sempii to turn 360 degrees to left, ripresa right)
- 11-18 Repeat

Part 3

- 19-26 (twice) 16 Saltarelli (starting left), (drop hands)

Part 4

- 27 Woman movimento
- 28 Men movimento
- 29-30 Woman doppio left to leave
- 31 Men movimento
- 32 Woman movimento
- 33-34 Men doppio left to join woman
- 27-34 Repeat on other foot, woman still going first, but all turn around after their doppio

**Gracca Amorosa
Caroso (1581)**

Arrangement: 1 couple facing without holding hands.

Part 1A

- 1-2 Riverenza minima (facing)
- 3-4 Spezzato left & right (in a wheel clockwise half way)
- 5-6 Spezzato left & right (circling over left shoulder)
- 7-8 4 Trabuchetti (lrlr - facing)

Part 1B

- 1 Spezzato left to the left flank
- 2 1/2 Riverenza right
- 3 Spezzato right to the right flank
- 4 1/2 Riverenza left

Chorus

- 1-2 Spezzato left & right (flankingly backwards)
- 3-4 3 Riprese & 1 Trabuchetto left (turning the left flank in & traveling inward)
- 5-6 Spezzato right & left (flankingly backwards)
- 7-8 3 Riprese & 1 Trabuchetto right (turning the right flank in & traveling inward)

Part 2A

- 1-4 4 Spezzati (lrlr - in a wheel clockwise full circle)
- 5-6 4 Trabuchetti (lrlr - facing)
- 7-8 Spezzato left & right (circling over left shoulder)

Part 2B

- 1-2 Scambiato left to the left flank
- 3-4 Scambiato right to the right flank

Chorus

Part 3A (Man's Solo)

- 1-2 Spezzato left & right (man solo flankingly forward)
- 3-4 4 Trabuchetti (lrlr - facing)
- 5-6 Spezzato left & right (circling back over left shoulder)
- 7-8 4 Trabuchetti (lrlr - facing)

Part 3B (Man's Solo)

- 1 Passo left to the left flank
- 2 1/2 Riverenza right
- 3 Passo right to the right flank
- 4 1/2 Riverenza left
- Chorus (both man & lady)*

Part 4A & 4B

Lady does same solo as the man in Part 3

Chorus (both man & lady)

Part 5A

- 1-2 Seguito ordinario left to the left flank
- 3 2 Riprese right facing
- 4 Trabuchetto right & left
- 5-6 Seguito ordinario right to the right flank
- 7 2 Riprese left facing
- 8 Trabuchetto left & right

Part 5B

- 1 Passo left (flanking forward)
- 2 1/2 Riverenza right (touching right hands)
- 3 Passo right (flanking forward)
- 4 1/2 Riverenza left (touching left hands)

Chorus

**Grene Gynger
Gresley (1500ish)**

Arrangement: Couples in a line

- 1-4 Trett, retrett (step forward, back). Double forward
- 5-8 Heart: 2 singles away from partner, 1 double turning over outside shoulder & circling to face partner
- 9-10 2 slip steps down the hall holding leading hands
Flip to back to back (holding same hands)
- 11-12 2 slip steps up the hall
Turn to face
- 13-14 Turn left, double away from partner. Turn, return to partner
- 15-18 Double back from partner, double forward to meet
- 19-23 Heart: Facing down the hall. 2 singles away from partner, 1 double turning over outside shoulder & circling to face up the hall again.

**Hearts Ease
Playford (1651)**

Arrangement: A set of 2 couples (facing each other). Rotate sets 90 degrees from other sets

Part 1

- 1-4 Double toward the other couple and double back
- 5-8 Repeat 1-4.
- 9-10 Face your partner and double backward away from them
- 11-12 Double toward partner

- 13-16 Turn your contrary by the right hand one time around
- 17-18 Face your contrary and double backward away from them
- 19-20 Double toward contrary
- 21-24 Turn your partner by the left hand one time around

Part 2

- 25-28 Side to right shoulders with your partner
- 29-32 Side to left shoulders with your *contrary*
- 33-48 Repeat 9-24

Part 3

- 49-52 Arm right with your partner
- 53-56 Arm left with your *contrary*
- 57-72 Repeat 9-24

**Hyde Park
Playford (1651)**

Arrangement: Square of 4 couples.

Part 1

- 1-4 First and third couples forward and back a double
- 5-8 Second and fourth couples forward and back a double
- 9-10 First and third men take partners with both hands, slip into center to meet
- 11-16 First man and third woman join both hands, slip out between the fourth couple, and cast to place. Third man and first woman do likewise at the same time
- 17-24 Second and fourth couples repeat 9-16

Part 2

- 25-32 Repeat 1-8 above
- 33-34 Second and fourth couples take both hands with their partner, turn halfway, and make an arch
- 35-40 First and third couples face their partner, pass by the right shoulder to go outside the set, around the arches, meet their contraries, go under the arches together, and return to place, ending improper
- 41-42 First and third couples take both hands with their partner, turn halfway, and make an arch (these couples are now proper again)
- 43-48 Second and fourth couples do figure in bars 11-16, ending proper

Part 3

- 49-56 Repeat 1-8 above
- 57-64 Men pass in front of their partners, behind the next woman, and so on, weaving

counterclockwise around the circle back to place

- 65-72 Women weave the circle clockwise, passing in front of their partner to start.

**If All the World Were Paper
Playford (1651)**

Arrangement: Square of 4 couples

Part 1

- 1-4 All take hands, double into the center, and fall back a double
- 5-8 Face partner, set and turn single
- 9-16 Repeat 1-8
- 17-18 Men 1 and 3 change places across the set, passing right shoulders
- 19-20 Ladies 1 and 3 the same.
- 21-24 Couples 1 and 3 two changes of a hey to place
- 25-40 Couples 2 and 4 do as 1 and 3 did in measures 17-24

Part 2

- 1-4 Side to right shoulders with partner
- 5-8 Set and turn single
- 9-12 Side to left shoulders with partner
- 13-16 Set and turn single
- 17-20 Couples 1 and 3 meet a double, take contrary by the hand and lead out between couples 2 and 4, drop hands and cast off to places
- 21-24 Couples 1 and 3 turn partner once around by both hands
- 25-40 Couples 2 and 4 do as 1 and 3 did in measures 17-24

Part 3

- 1-4 Arm right with partner
- 5-8 Set and turn single
- 9-12 Arm left with partner
- 13-16 Set and turn single
- 17-20 Man 1 and woman 3 change places, passing left shoulders, while man 3 and woman 1 do the same
- 21-24 Couples 1 and 3 change places with partners, passing right shoulders. Man 1 and woman 3 change places by left hands while man 3 and woman 1 do the same. Couples 1 and 3 change places with partners by right hands. (In essence a hey, using hands only on the last two changes)
- 25-40 Couples 2 and 4 do as 1 and 3 did in measures 17-24

**Ly Bens Distonys
(Gresley Manuscript - c1500)**

Arrangement: Individual couples

Part A

- 1-4 Two singles and double forward

Part B

- 1-2 Men 3 steps fwd RLR and turn to face while Ladies double R back
 - 3-4 Both go to each other's former places by moving diagonally: Men with 3 steps LRL and a turn to face original direction. Ladies with a Double L
 - 5-6 Ladies 3 steps fwd RLR and turn to face while Men double R back
 - 7-8 Both go to original places by moving diagonally: Ladies with 3 steps LRL and a turn to face original direction Men with a Double L
 - 9-10 Take hands. Single forward and back
 - 11-12 Turn single away from partner, then take hands
- Repeat ABABAB...

**Newcastle
Playford (1651)**

Arrangement: A round set or square of 4 couples.

Part 1

- 1-4 All take hands, double into center, fall back
- 5-6 Partners set
- 7-8 "Nexts" set (to find your next, face your partner, turn slightly in toward the set, and find the next person of the opposite gender)
- 9-16 Repeat 1-8
- 17-20 Partners arm right, ending with men forming a left-hand star
- 21-24 Men go once around while women skip quickly around them clockwise to original places (note that this all happens very quickly)
- 25-28 Partners switch by arming right 1/2, placing women into a left-hand star
- 29-32 Women go once around while men skip quickly around them, clockwise to places, ending in original places facing partner

Part 2

- 1-4 Partners side to right shoulders; fall back
- 5-8 Partners side to left shoulders, then balance back and pass on, ending facing their nexts
- 9-12 Nexts side to right shoulders and fall back