

# 12<sup>th</sup> Night 2018

## Dance is Fun!

Join the community at:

<http://dance.atlantia.sca.org/>

<https://www.facebook.com/groups/AtlantianDanceAcademie/>

15<sup>th</sup> C. Italian

Anello ..... 2

Petit Rose ..... 8

Petit Riens ..... 8

Rostiboli Gioioso ..... 9

16<sup>th</sup> C. Italian

Contrapasso en Due ..... 2

Gracca Amorosa ..... 4

Bransles

Bransle Pinagay ..... 2

Horse's Bransle ..... 5

Maltese (Turkish) Bransle ..... 6

Montarde Bransle ..... 6

Official Bransle ..... 7

Washerwoman's Bransle ..... 9

Inns of Court/Other

Black Alman ..... 2

Grene Gynger ..... 4

Lorayne Alman ..... 6

Ly Bens Distonys ..... 6

Madam Sosilia Alman ..... 6

New Yer ..... 7

Queen's Alman ..... 9

Rawty ..... 9

English Country

Black Nag ..... 2

Gathering Peascods ..... 3

Heralds in Love ..... 5

Hyde Park ..... 5

New Boe Peep ..... 7

Parsons Farewell ..... 7

Picking Of Sticks ..... 8

Whirligig ..... 10

**Set 1**

Queens Alman

Horses Branle

New Bo Peep

Petit Rose

Gathering Peascods

Official Branle

Picking up Sticks

**Set 2**

Black Alman

Black Nag

New Year

Ly Bens Distonys

Maltese (SCA Turkish)

Anello

Parsons Farewell

**Set 3**

Lorayne Alman

Washerwoman Branle

Pinagay Branle (See Bransle Pinagay)

Rawty

Montard Branle

Heralds in Love

Hyde Park

Whirligig

**Set 4**

Madam Sosilia Pavan

Contrapasso in Due

Pinwheel

Grene Gynger

Petit Riens

Gracca Amoroso

Rostiboli Gioiso

These notes are pulled from the Isenfir dance booklet created by Lord Bryan Morgan (mka David Oxford), updated by Lady Nicolosa d'Isenfir (mka Kendra Schmid) from numerous sources. Any original material from other sources may have been edited to conform to how the dances are done in Isenfir and to fit the style of the other notes in this booklet.

Updated 11/25/2017

**Anello****Domenico (1450)**

Arrangement: two couples, one behind the other

Part A

- 1-6 6 Saltarelli, starting left  
 7 Saltarello left, drop hands  
 8 Saltarello right, spreading out to form a square set, first couple turning as a unit to face the second couple

Part B

- 9 Men movimento, women movimento  
 10-11 Men 2 saltarelli (starting left) to trade places, passing through center by right shoulders  
 12-14 Repeat with women going first and trading

Part C

- 15 Men movimento, women movimento  
 16 Men voltatonda (starting left) (turn around)  
 17-18 Repeat with women going first and turning

Part D

- 19-20 Men do 4 pive (starting left, 2 per bar) to trade places, going outside the square and behind their partner  
 21-22 Repeat, with women trading places

Part E

- 23 Men movimento, women movimento  
 24 Repeat  
 25 Men ripresa right (towards partner, take hands)  
 26 Reverenza left

Repeat the dance, with the women going first. The first couple needs to wheel around to reform the original formation.

**Black Alman****Inns of Court (1570)**

Arrangement: A processional line of couples.

- 1-8 Four doubles forward, face partner and drop hands  
 9-10 Double backward away from partner  
 11-12 Double forward toward partner  
 13-14 Quarter-turn left (men face up the hall, women face down the hall), double forward up or down the hall  
 15-16 Turn around over your right shoulder, double forward to place  
 17-20 Face partner, men set and turn in place  
 21-24 Women do the same.

- 25-26 Take both hands, turn halfway (clockwise) using one double into partner's place  
 27-28 Four slip steps up hall  
 29-30 Turn halfway back to your own side  
 31-32 Four slip steps down hall.  
 33-34 Drop hands, double backward away from partner  
 35-36 Double forward toward partner.

Repeat with the women set& turn first

**Black Nag****Playford (1657)**

Arrangement: A longways set of 3 couples.

Part 1

- 1-4 Double forward and back  
 5-8 Repeat  
 9-10 Face partner, take 2 hands. First couple 4 slips up hall  
 11-12 Second couple 4 slips up the hall  
 13-14 Third couple 4 slips up the hall  
 15-16 All turn single  
 17-24 Couples slip back to place in reverse order, all turn single

Part 2

- 25-32 Siding  
 33-34 First man and 3rd woman change places (passing face to face)  
 35-36 First woman and 3rd man do the same  
 37-38 Second man and second woman do the same  
 39-40 All turn single  
 41-48 Do the changes again (in the same order) to return to place, all turn single

Part 3

- 49-56 Arming  
 57-64 Men hey  
 65-72 Women hey

**Bransle Pinagay**

Double left, kick left. Double left, kick left, kick right, kick left.  
 Double left, double right. Repeat.

**Washerwoman's Bransle  
Arbeau (1589)**

Arrangement: A circle of dancers.

Part A

Double left, double right.  
Repeat.

Part B

Face partner, single left and right (essentially setting to partner) men wag fingers at women.  
Repeat with women wagging fingers.

Part C

Face in, double left, clapping hands (once per beat).

Double right (no clapping).

Double left, clapping hands.

Turn around in place to left using 4 kicks.

**Whirligig**

**Playford (1651)**

Arrangement: Set of three couples.

Part 1

Double forward and back  
Repeat

Chorus

The middle couple goes up between the first, casts off and returns to place, then crosses over between the first couple with a half-figure-eight, ending improper.

The middle couple repeats above, going between the last couple, ending proper.

First couple casts into third couple's place, followed by the rest who come through an arch made by the first couple, so that second couple is now in the first place and the third in the second place (grand cast).

Repeat chorus, a total of three times, until all are back in original positions.

Part 2

Side to right shoulders

Side to left shoulders

Chorus

Man 2 and woman 1 arm right and continue into a hey with man 1. (Man 2 passes woman 1 by right shoulders (while arming), then passes man 1 by left shoulders, woman 2 by right shoulders again, and ends his own original place). The second woman and couple 3 do the same.

Repeat above, with the second man now doing a hey with couple 3 and the second woman dancing with couple 1, beginning by arming left.

Grand cast.

Repeat chorus, a total of three times, until all are back in original positions.

Part 3

Arm right

Arm left

Chorus

Couples 1 and 2 cast off and return to places. (Couple 2 follows couple 1 as couple 1 casts down, through couple 2's place, back to original places).

Couples 1 and 2 form a right hand star and circle once around back to place. Repeat above with couples 2 and 3. When casting off, couple 3 should lead and couple 2 should follow

Grand cast.

Repeat chorus, a total of three times, until all are back in original positions.

**Contrapasso en Due  
Caroso (1581)**

Arrangement: Individual couples

First Section

A1 (First Repeat):

Riverenza L

2 Continenze L, R

A1 (Second Repeat):

2 Singles L,R, 1 Double L

2 Singles R, L backwards

2 Reprise R,R

A1 (Third Repeat):

2 Singles L,R; 1 Double L

2 Singles R, L backwards

2 Reprise R, R

B1:

Holding R Hands, Circling L

2 Singles L, R; 1 Double (L)

Holding L Hands, Circling R

2 Singles (R, L); 1 Double (R)

B2:

Facing Partner Figure 8 Circles

2 Doubles L, R circling L away from partner and

ending where you started 2 Doubles (R, L)

circling R away from partner and ending

where you started

B1:

Holding R Arms, Circling L

2 Singles L, R; 1 Double (L)

Holding L Arms, Circling R

2 Singles (R, L); 1 Double (R)

B2:

Facing Partner - Figure 8 Circles

B1:

Holding Both Hands, Circling L

2 Singles L,R; 1 Double (L)

Holding Both Hands, Circling R

2 Singles (R, L); 1 Double (R)

B2:

Facing Partner

Women Figure 8 Circles as before

Men 2 Doubles L R flanking BCK

Men 2 Doubles R L flanking FWD

Second Section

A1 (All Repeats):

Doubles (L, R, L, etc.)

8 Doubles (some music has 12)

B1:

Riverenza L

2 Continenze L R

B2:

Facing Partner

Figure 8 Circles

B1:

Men Advancing/Women Retreating

Men 2 Singles L R; 1 Double L

Women 2 Singles R L; 1 Double R

Women Advancing/Men Retreating

Women 2 Singles L R; 1 Double L

Men 2 Singles R L; 1 Double R

B2:

Facing Partner

Figure 8 Circles

B1:

Men alone Riverenza L

Women alone Riverenza L

B2:

Facing Partner

Women Figure 8 Circles as before

Men 2 Doubles L R flanking BCK

Men 2 Doubles R L flanking FWD

**Gathering Peascods**

**Playford (1651)**

Arrangement: A circle of couples

Part 1

1-4 Eight slip steps to the left

5-6 Turn single

7-10 Eight slip steps to the right

11-12 Turn single

Chorus

13-18 Men go in, take hands, slip left 8 and go back out

19-24 Women go in, take hands, slip left 8 and go back out, returning to their partner

25-26 Men double forward and clap

27-28 Women double forward and clap while men go back to place

29-30 Men double forward but don't clap while women return to place

31-32 Men return to place, turning single as they do so

33-40 Repeat 25-32 with women going in first

### Part 2

- 41-46 Side to right shoulders and turn single  
47-52 Side to left shoulders and turn single  
53-80 Repeat chorus (13-40) with women going in first, then men

### Part 3

- 81-86 Arm right and turn single  
87-92 Arm left and turn single  
93-120 Repeat chorus (13-40)

### **Gracca Amorosa Caroso (1581)**

Arrangement: 1 couple facing without holding hands.

### Part 1A

- 1-2 Riverenza minima (facing)  
3-4 Spezzato left & right (in a wheel clockwise half way)  
5-6 Spezzato left & right (circling over left shoulder)  
7-8 4 Trabuchetti (lrlr - facing)

### Part 1B

- 1 Spezzato left to the left flank  
2 1/2 Riverenza right  
3 Spezzato right to the right flank  
4 1/2 Riverenza left

### Chorus

- 1-2 Spezzato left & right (flankingly backwards)  
3-4 3 Riprese & 1 Trabuchetto left (turning the left flank in & traveling inward)  
5-6 Spezzato right & left (flankingly backwards)  
7-8 3 Riprese & 1 Trabuchetto right (turning the right flank in & traveling inward)

### Part 2A

- 1-4 4 Spezzati (lrlr - in a wheel clockwise full circle)  
5-6 4 Trabuchetti (lrlr - facing)  
7-8 Spezzato left & right (circling over left shoulder)

### Part 2B

- 1-2 Scambiato left to the left flank  
3-4 Scambiato right to the right flank

### *Chorus*

### Part 3A (Man's Solo)

- 1-2 Spezzato left & right (man solo flankingly forward)

- 3-4 4 Trabuchetti (lrlr - facing)  
5-6 Spezzato left & right (circling back over left shoulder)  
7-8 4 Trabuchetti (lrlr - facing)

### Part 3B (Man's Solo)

- 1 Passo left to the left flank  
2 1/2 Riverenza right  
3 Passo right to the right flank  
4 1/2 Riverenza left

### *Chorus (both man & lady)*

### Part 4A & 4B

Lady does same solo as the man in Part 3

### *Chorus (both man & lady)*

### Part 5A

- 1-2 Seguito ordinario left to the left flank  
3 2 Riprese right facing  
4 Trabuchetto right & left  
5-6 Seguito ordinario right to the right flank  
7 2 Riprese left facing  
8 Trabuchetto left & right

### Part 5B

- 1 Passo left (flankingly forward)  
2 1/2 Riverenza right (touching right hands)  
3 Passo right (flankingly forward)  
4 1/2 Riverenza left (touching left hands)

### *Chorus*

### **Grene Gynger Gresley (1500ish)**

Arrangement: Couples in a line

- 1-4 Trett, retrett (step forward, back). Double forward  
5-8 Heart: 2 singles away from partner, 1 double turning over outside shoulder & circling to face partner  
9-10 2 slip steps down the hall holding leading hands  
Flip to back to back (holding same hands)  
11-12 2 slip steps up the hall  
Turn to face  
13-14 Turn left, double away from partner. Turn, return to partner  
15-18 Double back from partner, double forward to meet  
19-23 Heart: Facing down the hall. 2 singles away from partner, 1 double turning over outside shoulder & circling to face up the hall again.

- 13-16 Repeat 9-12, with couple 3 returning to position at the end  
17-18 Couple 3 take both hands and slip up between couple 2, who move down into couple 3's place, while couple 1 begins to skip around the entire set  
19-20 Couple 2 take both hands and slip back up to place, while couple 3 move down to place  
21-24 Repeat 17-18, with couple 1 returning to place at the end

### Part 3

- 1-4 Arm right  
5-8 Arm left  
9-32 Men's sheepskin hey - begin with man 1 leading the men forward and around outside the women, then between women 1 and 2 and weaving between all of them. Man 3 reverses direction as he passes woman 2, who can assist him by turning him around. He now leads until man 2 reaches woman 2 and reverses direction to lead, until man 1 reaches woman 2 and reverses to again take the lead, lead the men out between women 2 and 3, around the end of the set and up their own side to places  
33-56 Women's sheepskin hey - as with the men

### **Queen's Alman Inns of Court (c1580-90)**

Arrangement: Processional line of couples

### Part A

- Double left forward  
Double right back (end facing partner)  
Set and turn left  
Double right forward  
Double left back (end facing partner)  
Set and turn right

### Part B

Four doubles forward, starting left

### **Rawty Gresley (1500ish)**

Arrangement: Couples in a line

### Part 1

- 1-2 Single fwd, single back  
3-4 Double forward with stomp  
5-6 Double back without stomp  
7-12 Repeat 1-6

### Part 2

- 1-2 Man single forward, single back  
3-4 Double forward & turn  
5-6 Both 3 kicks  
7-8 Double to meet

### Part 3

- 1-2 Gallop left with a double  
3-4 3 kicks  
5-6 Double forward to meet

### **Rostiboli Gioioso Domenico (1475)**

Arrangement: one couple.

### Part 1

- 1-2 Ripresa left, ripresa right, (drop hands),  
3-5 Man leaves with 2 sempii (starting left), 2 doppi, ending with mezzavolta right to face woman  
6-7 Both ripresa left, ripresa right  
8-10 Man returns with the same steps, (take hands)  
1-10 Repeat, with woman leaving

### Part 2

- 11-12 Ripresa left, ripresa right, (drop hands)  
13-16 Both do 2 sempii (starting on left), 3 doppi, (drop hands)  
17-18 Volta del Gioioso (2 sempii to turn 360 degrees to left, ripresa right)  
11-18 Repeat

### Part 3

- 19-26 (twice) 16 Saltarelli (starting left), (drop hands)

### Part 4

- 27 Man movimento  
28 Woman movimento  
29-30 Man doppio left to leave  
31 Woman movimento  
32 Man movimento  
33-34 Woman doppio left to join man  
27-34 Repeat on other foot, man still going first

Repeat dance, with the woman doing everything first.

- into the other man's original place, while women pass left shoulders and end in each other's original place
- 15-16 Turn partner once around by the right hand
- 17-18 Partners turn around once by the left hand
- 19-20 Women cross right shoulders while men make a small loop from their places to pass through their partner's place and follow two beats behind her, all meeting contrary by left shoulders
- 21-22 Pass contrary by left shoulders, women passing through partner's original position and making a small loop to move into their own original position, while men pass right shoulders and end in their own original place
- 23-24 Turn partner once around by the left hand

**Petit Rose  
Domenico (1450)**

Arrangement: Individual couples

Part 1

- 1-32 16 Pive, starting on left.

Part 2

- 1 Man movimento  
2 Woman movimento  
3-4 Man voltatonda with a doppio  
5 Woman movimento  
6 Man movimento  
7-8 Woman voltatonda with a doppio

Part 3

- 1-2 Doppio forward left  
3-4 Sempi back right, left  
5-6 Doppio forward right  
7-8 Sempi back left, right  
9-10 Doppio forward left  
11-12 Sempi back right, left

Part 4

- 1-2 Saltarello right away from partner  
3-4 Salterello left back to partner, touch hands

Repeat with women going first

**Petit Riens  
Ebreo (1475)**

Arrangement: 3 people in a line (M1-W-M2)

Part 1

- 1-16 16 Pive, starting on left.

Part 2

- 17-20 Man 1 take 4 pive (starting left) to leave the group

- 21-24 Woman take 4 pive to catch up with man 1  
25-28 Man 2 take 4 pive to catch up

Part 3

- 29-30 Man 1 doppio (starting left) to leave the group

- 31-32 Woman doppio to catch up with man 1

- 33-34 Man 2 doppio to catch up

Part 4

- 35-36 Man 1 and woman take hands and reverenza

- 37-38 Woman and man 2 take hands and reverenza

- 39-40 All 3 reverenza

Part 5

- 41-42 All doppio left backward

- 43-44 All doppio right forward

- 45-46 Ripresa left and right

- 47-48 Voltatonda (on left, turning left).

Repeat dance.

**Picking Of Sticks**

**Playford (1651)**

Arrangement: A longways set of three couples.

Part 1

- 1-4 Double forward and back  
5-8 Repeat  
9-10 First man changes with second woman  
11-12 First man changes with third man  
13-16 Take hands with person across from you, all forward and back a double  
17-18 First woman changes with second man  
19-20 First woman changes with third woman  
21-24 Take hands with person across from you, all forward and back a double  
25-56 Repeat changes and double forward/back, each time beginning with the person in the first man's position, until all return to place; note that throughout this sequence, half of the time you will be dancing with someone of the same gender

Part 2

- 1-4 Side to right shoulders  
5-8 Side to left shoulders  
9-10 Couple 1 take both hands and slip down into couple 2's position, while couple 2 moves up into couple 1's position. At the same time, couple 3 cross and begin to skip around the entire set  
11-12 Couple 2 take both hands and slip down to their own place, while couple 1 moves up into their original position

**Heralds in Love  
SCA Choreography by Lord Iulstan  
Sigewealding**

Arrangement: A line of four couples:

women- 2 4 6 8

men- 1 3 5 7

First verse

- 1-8 Double forward and back

- 9-16 Set and turn R

- 17-32 Repeat, setting and turning L.

First chorus

- 33-64 2, 3, 6, and 7 stand by, clapping to the beat, while 1, 4, 5, and 8 do a hey, as follows:

- 33-35 1 and 4 change places by their R hands 5 and 8 change places by their R hands

- 36 1 and 8 face each other and extend L hands

- 37-39 1 and 8 change places by their L hands 4 and 5 turn 180 degrees over their L shoulders (CCW)

- 40 1 and 5 face each other and extend R hands 4 and 8 face each other and extend R hands

- 41-43 1 and 5 change places by their R hands 4 and 8 change places by their R hands

- 44 4 and 5 face each other and extend L hands

- 45-47 4 and 5 change places by their L hands 1 and 8 turn 180 degrees over their L shoulders (CCW)

- 48 1 and 4 face each other and extend R hands 5 and 8 face each other and extend R hands

- 49-63 (like 33-47, except that the participants start from different positions in the line)

- 64 All even up the line and face partners

Second verse

- 65-72 All side R with partner

- 73-80 All set-and-turn R

- 81-88 All side L with partner

- 89-95 All set-and-turn L

- 96 1, 4, 5, and 8 back apart one step 3 and 6 face each other and extend R hands

Second chorus

- 97-127 1, 4, 5, and 8 stand, clapping to the beat, while 2, 3, 6, and 7 do a hey, as follows:

- 97-99 3 and 6 change places by their R hands 2 and 7 turn over their R shoulders (CW)

- 100 3 and 7 face each other and extend L hands 2 and 6 face each other and extend L hands

[and so forth ...]

- 128 All even up the line and face partners

Third verse

- 129-136 All arm R with partner

- 137-144 All set-and-turn R

- 145-152 All arm L with partner

- 153-159 All set-and-turn L

- 160 1 and 4 face each other and extend R hands

- 3 and 6 face each other and extend R hands

- 5 and 8 face each other and extend R hands

Third chorus

- 161-191 1, 4, 5, and 8 do a hey while 2, 3, 6, and 7 do a hey, as follows:

- 161-163 1 and 4 change places by their R hands (9-16) and weave (1-8) until each dancer has gotten to weave.

- 3 and 6 change places by their R hands

- 5 and 8 change places by their R hands

- 2 and 7 turn over their R shoulders (CW)

- 164 1 and 8 face each other and extend L hands

- 3 and 7 face each other and extend L hands

- 2 and 6 face each other and extend L hands

[and so forth ...]

**Horse's Bransle**

**Arbeau (1598)**

Arrangement: Couples

Part A

Take partner by both hands, with the lady having one arm behind her back, both facing the same direction.

Dance 8 galloping doubles about the room.

Part B

Stop and face partner. Men stomp twice, step to right, turn over left shoulder, back to place. Women paw ground twice, step to right, turn over left shoulder, back to place.

Dance repeats.

**Hyde Park**

**Playford (1651)**

Arrangement: Square of 4 couples.

Part 1

- 1-4 First and third couples forward and back a double

- 5-8 Second and fourth couples forward and back a double

- 9-10 First and third men take partners with both hands, slip into center to meet

- 11-16 First man and third woman join both hands, slip out between the fourth couple, and cast to place. Third man and first woman do likewise at the same time

- 17-24 Second and fourth couples repeat 9-16

- Part 2  
25-32 Repeat 1-8 above
- 33-34 Second and fourth couples take both hands with their partner, turn halfway, and make an arch
- 35-40 First and third couples face their partner, pass by the right shoulder to go outside the set, around the arches, meet their contraries, go under the arches together, and return to place, ending improper
- 41-42 First and third couples take both hands with their partner, turn halfway, and make an arch (these couples are now proper again)
- 43-48 Second and fourth couples do figure in bars 11-16, ending proper

- Part 3  
49-56 Repeat 1-8 above
- 57-64 Men pass in front of their partners, behind the next woman, and so on, weaving counterclockwise around the circle back to place
- 65-72 Women weave the circle clockwise, passing in front of their partner to start.

**Lorayne Alman  
Inns of Court (1570)**

Arrangement: a processional line of couples.

- Part A  
Four doubles forward, hopping at the end of each.

- Part B  
Double forward, double backwards, double forward, double to turn in place away from partner.

- Part C  
Repeat Part B.

Repeat dance as necessary

**Ly Bens Distony  
(Gresley Manuscript - c1500)**

Arrangement: Individual couples

- Part A  
1-4 Two singles and double forward

- Part B  
1-2 Men 3 steps fwd RLR and turn to face while Ladies double R back  
3-4 Both go to each other's former places by moving diagonally: Men with 3 steps LRL

- and a turn to face original direction. Ladies with a Double L
- 5-6 Ladies 3 steps fwd RLR and turn to face while Men double R back
- 7-8 Both go to original places by moving diagonally: Ladies with 3 steps LRL and a turn to face original direction Men with a Double L
- 9-10 Take hands. Single forward and back
- 11-12 Turn single away from partner, then take hands
- Repeat ABABAB...

**Madam Sosilia Alman  
Inns of Court (1570)**

Arrangement: A processional line of couples.

- Part A  
1-2 Single left, single right forward  
3-4 Double left forward  
5 Single right back  
6-10 Repeat 1-5

- Part B  
1-2 Face partner, drop hands, set left and right  
3-4 Slow reverence  
5-8 Two singles and a double forward, passing right shoulders to end up in partner's place facing partner  
9-13 Fast reverence, approach partner, embrace  
14-26 Repeat 1-13, ending up in own place

**Maltese (Turkish) Bransle  
SCA Choreography**  
Arrangement: A circle of dancers.

- Part A  
Double left, double right. Repeat.

- Part B  
Raise hands, three singles into center, clap 3 times.  
Three singles out to place, clap or kick 3 times.

**Montarde Bransle  
Arbeau (1589)**

Arrangement: A line of 4 dancers

- 1-8 Take 4 left doubles, following the leader around the room  
9-10 First person turns in place with 4 kicks  
11-16 Second turns likewise, then third, then fourth

- 1-8 Take 4 left doubles, while the first dancer weaves (in front of the second dancer, behind the third, etc) to the end of the line  
Repeat kick (9-16) and weave (1-8) until each dancer has gotten to weave.

**New Boe Peep  
Playford (1651)**  
Arrangement: Longways as many as will

- Part 1  
1-4 Double forward & back  
5-8 Repeat

- Chorus*  
9-10 Women turn half around, forward a double  
11-12 Men double to follow  
13-16 Man peeps 4 times around partners alternating sides  
17-18 All double back to places  
19-20 All turn single  
21-22 Men turn half around, forward a double  
23-24 Women double to follow  
25-28 Women peeps 4 times around partners alternating sides  
29-30 All double back to places  
31-32 All turn single

- Part 2  
1-4 Side to right shoulders.  
5-8 Side to left shoulders  
9-32 Repeat chorus with men leaving first

- Part 3  
1-4 Arm right  
5-8 Arm left  
9-32 Repeat chorus with women leaving first

**New Yer  
(Gresley Manuscript - c1500)**

Arrangement: 3 individuals in a line

- 1-8 4 doubles forward  
9-15 Person 1 double away, 2 follow, 3 follow  
16-22 All half turn in a double, 3 times  
23-28 Person 3 double away, 2 follow, 1 follow  
29-30 All half turn in a double

**Official Bransle  
Arbeau (1589)**  
Arrangement: A circle of couples.

- Part A  
Double left, double right. Repeat.

- Part B  
Six singles left.

Woman steps in front of her partner. Woman jumps, and the man guides her to the left, everyone gaining a new partner.

Repeat Part B.

**Parsons Farewell  
Playford (1651)**  
Arrangement: Two couples facing.

- Part 1  
1-2 Couples meet a double  
3-4 Each couple 4 slips to the left  
4-6 Couples back a double  
7-8 Each couple 4 slips to the right  
9 Men rise and nod to each other  
10 Women rise and nod to each other  
11-12 All rise 4 times, nodding in turn to contrary, corner (of same gender), partner, and the set in general  
13-16 Turn contrary once around by two hands  
17-24 Repeat 9-16, women rising first

- Part 2  
1-2 Couples meet a double  
3-4 Lead contrary out a double  
5-6 Lead contrary back in a double  
7-8 Fall back with partner to places  
9-10 Men cross by touching right hands and then pulling past by left hands  
11-12 Turn contrary once around by the right hand  
13-14 Men cross back by left hands  
15-16 Turn partner once around by the right hand  
17-18 Women cross by touching left hands and pulling past by right hands  
19-20 Turn contrary once around by the left hand  
21-22 Women cross back by right hands  
23-24 Turn partner once around by the left hand

- Part 3  
1-2 Partners take both hands and meet other couple with 4 slips  
3-4 Take contrary by both hands and slip out 4 slips  
5-6 Slip back in 4 slips  
7-8 Fall back with partner to place  
9-10 Partners turn once around by right hands  
11-12 Men cross left shoulders while women make a small loop from their places to pass through their partner's place and follow two beats behind him, all meeting contrary by right shoulders  
13-14 Pass contrary by right shoulders, men passing through contrary's original position and making a small loop to move